BRING VIGOR AND VITALITY TO YOUR VOICE.

VOCAL VITALITY EXECUTIVE WORKSHOP

As a business professional, you want the ideas you speak to impact your listeners, whether you are at a meeting, giving a speech or interacting with a colleague. **The more life you bring to your speaking, the more your ideas will affect your listeners.**

Be the FIRST one in Asia to experience the magic of Voice! - as you see in movie *The King’s Speech* and *Iron Lady*.

**with Professor Gayle Murphy**

Jun 1 & 2, 2012 Hong Kong
In this 10-hour workshop you will learn vocal skills that actors use to make their performances dynamic:

- Standing in balanced alignment
- Discovering responsive breath
- Developing range and resonance
- Bringing clarity to the word
- Speaking with purpose

**Breath:** Breath is the foundation of the voice. How you breathe influences all aspects of your communication.

Breath is the link between what you want to communicate and your voice. If your breath is responsive, then your voice will communicate your ideas.

When we speak we sometimes inhale with effort. 'Taking' the breath inhibits the voice. You will practice receiving inspiration on the inhale and speaking on the flow of the exhale. Your voice will shift in tone and resonance to reflect the crucial aspects of what you are saying.

Learn how to let your breath fuel your voice and inspire your speaking.

**Body:** The body is the house of the voice. The voice lives and resounds through the body. Unnecessary physical tensions limit the voice.

Our nervousness sometimes escapes in habits that distract our listeners. We sometimes “hold” ourselves upright with our muscles. You will investigate balanced alignment to find poise when sitting, standing, and speaking.

Learn how to let your bones balance your body, undo unnecessary tensions and discover vocal confidence.

**Imagination:** Imagination evokes your voice into new directions. Engage your imagination to expand vocal clarity, resonance and range.

You will play with sounds to lead you into vocal character where you will discover new dimensions in your voice.

**Intention:** Intention gives your speaking purpose. Discover the power of intention to focus your mind and enliven your communication

You will be individually coached as you practice speaking with intention. Speaking with intention transforms your nervousness into excitement, increases clarity, enlivens your speaking, and engages your audience.

**Narrative:** Concise vivid narratives captivate your listeners. Learn the power of story-telling to draw your audiences into the themes of your business presentations.

- Choosing specific vivid details
- Focusing your eye line
- Bringing life to images
- Giving time
- Experiencing as you speak
**VOICE UP VOCAL VITALITY EXECUTIVE WORKSHOP....**

**FROM:** Professor Gayle Murphy & Ms Eva Lau

Professor Gayle Murphy's career as a voice specialist spans twenty-six years of voice - coaching hundreds of actors for stage, film and television. She has also coached other professional speakers such as politicians, ministers, teachers and business professionals.

Professor Gayle Murphy (MFA in Theatre Performance from York University) is one of the top theatre voice specialists in Canada. She is currently an Associate Professor of Voice and Speech in the BFA Acting Program at the University of British Columbia.

She is also on faculty at Canada’s National Voice Intensive, a renowned five-week voice workshop that is attended by Canadian, American and international actors, performing artists and theatre educators.

Eva Lau is the founder of Voice Up and a specialist in Voice, Speech and Presentation skills. She combines 15 years of experiences as an actress, studio producer, acting instructor and speech training specialist. She extracts the very best of theatre techniques to real world applications and customize into Asian context. Her clients include speakers in business, government, professional speaking and the arts.

Eva received her professional theatrical training from her education in Bachelor Degree in Fine Arts (Acting) from University of British Columbia. She is also a Full Member of Union of British Columbia Performer (Film) and member of Canadian Actor’s Equity (Theatre).

**FOR:** Professionals or individuals who want to develop resonance and clarity of voice, enhance communication style and learn how to deliver presentations for maximum impact.

**HOW:** In-depth training, critical feedback and video-recording for each participant; assessment & personalized one-to-one Coaching on Individual Speaking with tailor-made guidance for breakthrough success!

Voice up is a leading authority on the voice and movement training in Asia. It has proven to be very effective in improving personal and professional communication skills, including:

- Presentation and Public Speaking
- Customer Services
- Emotional Selling
- Influencing Skills
- Effective Meeting Skills
- Train-the-Trainer Program, etc

**WHEN:**
- June 1, 2012 (Fri) 7 - 10 p.m.
- June 2, 2012 (Sat) 10 a.m. - 6 p.m.

HK$3,200 for 10-hour workshop

**WHERE:** Tin Hau, Hong Kong SAR

**APPLY:** PINC, the people’s inc.

Tel: (852) 2529 9237
Email: info@pinc-group.com
Room 1401-05, Beverly House, 93 Lockhart Road, Wan Chai, Hong Kong

www.voiceupnow.com